



What is poison?

How can poisonings be prevented?

- Keep all potentially harmful products safely out of reach and out of sight of children.
- If you are called away from a task, do not leave cleaners and other products unattended.
- Do not put cleaners or other products in pop bottles, milk cartons or other food and beverage containers. All products should be kept in their original containers with the labels intact.
- Never call medicine candy.
- Keep all medicines in their original packages and close the safety caps tightly after each use.
- Remember that children can and often do remove child-resistant caps.
- Know the names of all of the plants in your home and keep them safely out of reach of children and pets.
- Install at least one carbon monoxide detector close to the sleeping areas in your home.

Call the Poison Center immediately if you think that someone might have been poisoned.

What substances are most commonly involved in poisoning?

The top five substances involved in poisoning in children under the age of six are:

1. Cosmetics and personal care products
2. Cleaning substances
3. Analgesics (acetaminophen, aspirin, ibuprofen)
4. Plants
5. Foreign bodies (toys, magnets, batteries, coins)